

Services

Lewis-Daly & Associates offers organizations assistance with the design and management of their workplace wellness programs as a third party provider. In partnership with you, our approach is cooperative and integrated.

Whether you are a large or small organization and whether you have an existing start-of-the-art wellness program or are just beginning, the Lewis-Daly & Associates team can tailor a program to meet your needs and exceed your expectations.

- Wellness Program Development
- Awareness Programs
- Health Screening Programs
- Healthy Eating Programs
- Managing My Life Self Study
- Walking programs
- Onsite Fitness Classes
- Onsite Massage Therapy
- Program Evaluation
- Workshops